



"Identifying Bhagavad-Gita"
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Hinduism is one of the most ancient religions of the world. It has got its roots since time immemorial. Protected geographically by Himalayas and oceans around, ancient India has given incredible opportunities for natives to contemplate on spiritual ideas and think deeper and deeper which have lead us to famous philosophies.



In Hinduism there are three major schools of philosophy which are Advaita, Dvaita and Visista Advaita. Though they differ in summits they all refer, rely and quote one book as an authentic source of eternal truth. This one book has swept over the entire world giving pioneers like Mahatma Gandhi, Isaac Newton, Einstein and many others a new vision of God. This one book talks about facts which are beyond the reach of today's science.

To reveal the myth, this book is none other than Bhagavad Gita. Meaning of the name being Bhagavath (of God) Gita(song). This is a song sung by Sri Krishna to Arjuna (third of pandavas) in the midst of a battlefield. Many people mistake that Bhagavad Gita was spoken for the first time on this very same day on the battlefield. If one reads, one will come to know that this was spoken by Sri Krishna to Sun god, Vivasvan millions and millions of years ago. Many find it hard to believe there was man millions of years ago. I would like to highlight here for people who are still blinded by conception that "man evolved from ape" is the greatest deception in science till today reports London Illustrated News.

Back to the divine treatise; Bhagavad Geetha is not some kind of peaceful reflection of thoughts of Sri Krishna. It was spoken/sung by God in extreme urgent and serious situation for the elevation of down hearted Arjuna who assumed that this material world is truth and that he is committing sin by killing millions of people which included his elders, teachers and kinsmen. Sri Krishna step by step elevates Arjuna from the ignorant platform to transcendental abode.

Any version of Bhagavad geetha has following chapters: Observing the Armies on the Battlefield of Kuruksetra, Contents of the Gita Summarized, Karma-yoga, Transcendental Knowledge, Karma-yoga-Action in Krsna Consciousness, Sankhya-yoga Knowledge of the Absolute, Attaining the Supreme, The Most Confidential Knowledge, The Opulence of the Absolute, The Universal Form, Devotional Service Nature, the Enjoyer, and Consciousness, The Three Modes Of Material Nature, The Yoga of the Supreme Person, The Divine And Demoniatic Natures, The Divisions of Faith Conclusion-The Perfection of Renunciation

For readers who are new to Bhagavad Gita it would be beneficial to read first two chapters to get a taste of this immense ocean full of nectar. Mahathma Gandhi quotes that throughout his entire life whatever page he opened randomly had a message for that day. It's hard to put essence of the Bhagavad Gita in two or three sentences. Sri Krishna starts to speak, opening eyes of Arjuna "You are not this material body, but you are a spirit soul", "You are eternally blissful soul but bound my material modes of nature you suffer delusions." To quote, Sri Krishna describes the mind as turbulent and obstinate. 'The Chariot of the Body': The five horses represent the five sense organs (tongue, eyes, nose, ears and skin). The rein symbolizes the mind, the driver is the intelligence, and the passenger is the spirit soul. This was just for an instance which applies to each and every one who has trouble controlling this all fickle mind which craves for mundane material pleasures. There are thousands of such analogies and remedies for such miseries. Irrespective of religion one belongs as everyone takes advantage of today's science, in similar manner read Bhagavad Gita at least once. This will disclose the doors of an eternal science of yoga to reach The Supreme. What to speak to people from different religions even atheists find this interesting to read as it reflects on directly on the psychology of every human being.

To conclude, as every machine comes with a manual, this human machine also has a standing monumental manual and that is THE BHAGAVAD GITA.

